

GUARANTEED GAZETTE

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National Truck Driver Appreciation

National Truck Driver Appreciation Week is September 8-14, 2019. This is when America takes the time to honor all professional truck drivers for their hard work and commitment in tackling one of our economy's most demanding and important jobs. These 3.5 million professional men and women not only deliver our goods safely, securely and on time, they also keep our highways safe.

The American Trucking Association has revealed the official 2019 National Truck Driver Appreciation Week logo. The association also announced Trucking Day at Nationals Park, an event in which professional truck drivers will sing the National Anthem, receive mid-game recognitions from the fans, and participate in on-field activities.



Brief History of National Truck Driver Association Week

For 29 years National Truck Driver Appreciation Week celebrations has put the spotlight on some of the hardest workers our country has to offer. The American Trucking Association, ATA, started NTDAW because truck drivers were often overlooked as vital members of the workforce. Through long hours and countless miles, these drivers keep the economy moving forward. In the trucking community, there's a popular phrase that says, "Without truck drivers, America stops!" and it's true. As a global economy, one that ships goods not only from state to state but also to countries all over the globe, we rely heavily on trucks, truckers and a complex system of highways to move those goods to their final destinations.

In many ways, the history of the trucking industry is the story of America's transition from a collection of local economies to a national economy, and finally a global economy. Without this industry and its frequent advances, many of the conveniences we take for granted each day would be impossible. It makes you understand the importance of truck drivers and how America couldn't run normally without them.

Guaranteed Transport appreciates everything all the drivers do, not just one week out of the year but everyday all year long!!!

THANK YOU!!!



In This Issue

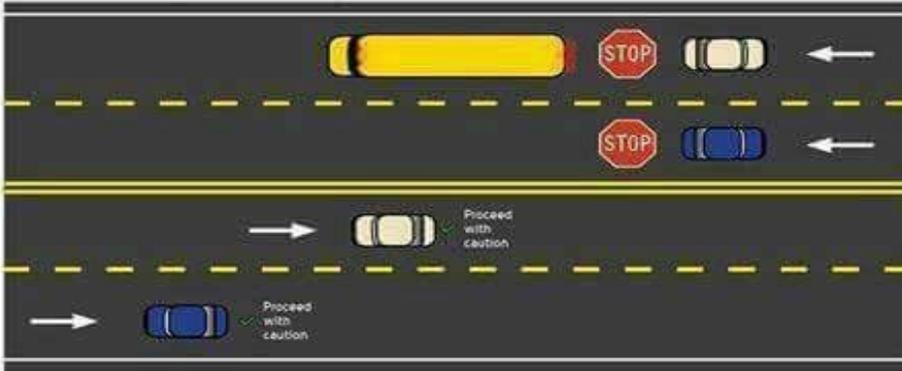
- Fun Facts
- Healthy Note
- DOT Inspections
- The Mission

When to stop when school bus lights are flashing or stop bar is out

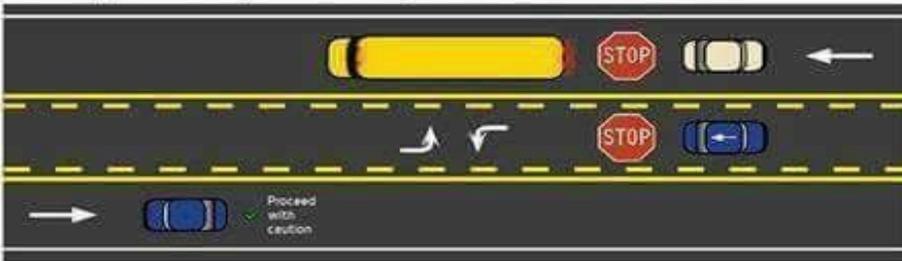
1 2-lane roadway: both directions stop



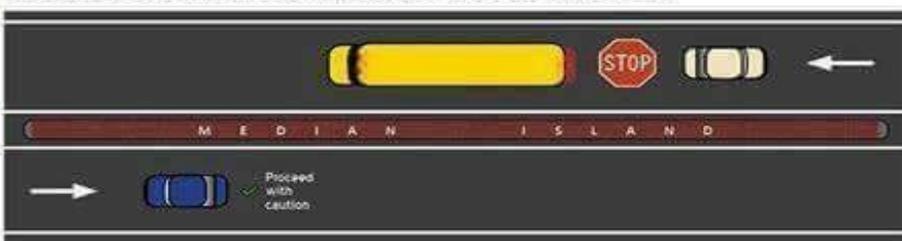
2 3+ lanes: stop if traveling same direction as bus



3 Turning lane: stop if traveling same direction as bus



4 Median: stop if traveling same direction as bus



 \$394 fine if violating any of the above

School's In

Schools are back in the month of August, let's be extra careful out on the highways and roads.

You must remain stopped as long as the red lights flash or the arm is out. The only exception to this is where you are approaching the bus from the opposite direction on a road with at least two lanes in each direction. When overtaking a school bus, you may not pass when red or amber lights are flashing. You can proceed when the bus resumes motion or the flashing red lights are no longer activated.

If you are at the tail of a T-intersection and a school bus stops on your right on the cross street with its roof lights on, you cannot make a right turn but you can turn left, away from the bus.

NHTSA reported, about 134 people die in school-vehicle-related crashes each year. Of those 8% are riding in buses. Pedestrians, bicyclists and others outside the bus account for 21% of fatalities. So perhaps it's no surprise that this is a nasty month for local traffic congestion. Parents are working out the kinks in their morning routines, getting used to new commutes at the start of the school year and feeling stressed (and driving badly) when they don't budget enough time.

Take your time, be patient, maybe start your day driving a little later or end your driving earlier.

WATCH FOR THE CHILDREN!



Fun Facts

- A raisin dropped in a glass of fresh champagne will bounce up and down continuously from the bottom of the glass to the top.
- Sean Connery wore a toupee in all his James Bond movies.
- All swans in England belong to the Queen.
- Nicholas Cage bought a pet octopus because he sincerely thought it might help with his acting.
- Human birth control pills work on gorillas.
- The Romans used to clean and whiten their teeth with urine. Apparently it works?
- Minnie Mouse full name is Minerva Mouse.
- In Georgia, it is against the law to slap a man on the back or front.
- M&M's actually stands for "Mars & Murrie's" the last names of the candy's founders.
- Grapes explode when you put them in the microwave.
- The male seahorse carries the eggs until they hatch instead of the female.
- Cats sleep for 70% of their lives.
- Albert Einstein and Charles Darwin both married their cousins.
- Johnny Appleseed planted apples so that people could use apple cider to make alcohol.
- Studies show that men actually experience more emotional pain post-breakup than women.
- Judge Judy makes \$45 million a year.

The Mission

Great job donating in July everyone, we had several boxes of school supplies that went to the Mission. Along with around 15 backpacks, several children will benefit from your generosity!

In August we are collecting canned chicken, tuna, Vienna sausage, boxed and bagged potatoes. Anything you can give will be greatly appreciated.



Heat and Exercise

Stay Cool During Exercise:

- Drink plenty of fluids
- DO NOT drink caffeine or drinks with a lot of sugar
- Water is your BEST choice while exercising in the heat
- Limit your exercise on extremely hot days

If the temperature is 88 degrees and the relative humidity is 85% then you can determine that it'll feel like it's 110 degrees out. Wait until evening or when it cools down before exercising.

Exercising in hot weather puts extra stress on your body. If you don't take care when exercising in the heat you risk serious illness. Both the exercise itself and the air temperature and humidity can increase your core body temperature.

Drink plenty of fluids, avoid excessive salt intake, wear loose light colored clothing and check the weather forecast before you start your workout.

"Happiness is not in the mere possession of money; it lies in the joy of achievement, in the thrill of creative effort."

- Franklin D. Roosevelt

"I'm a greater believer in luck, and I find the harder I work, the more I have of it."

- Thomas Jefferson

1-833-GTS-TANK

DOT Standard Inspections

Level I: North American Standard Inspection

Level I inspections are the most common and most thorough level of DOT inspections. During these checks, the DOT inspector looks at important documents, such as:

- Vehicle operator's commercial driver's license (CDL);
- Medical certificate confirming the operator passed their annual DOT physical exam;
- Elog records for the last 8 on-duty days to show hours of service records;
- Medical card or waiver, if applicable.

The inspector will also check for any signs of drugs or alcohol use.

Finally, the professional conducting the evaluation will also inspect the vehicle's seat belt, exhaust system, turn signals, tail lamps, head lamps, steering wheel, wheels and rims and fuel system.

A Level I inspection typically takes between 45-60 minutes to complete.

Level II: Walk-Around Driver/Vehicle Inspection

Level II inspections involve examining everything in the Level I inspection with exception of the parts that involve the inspector getting under the vehicle. This includes the documents reviewed under Level I inspections.

The Level II inspection takes about 30 minutes to complete.

DOT driver vehicle inspection checklists include vehicle items a driver should inspect on a day to day basis before and after driving the vehicle to be in compliance with DOT regulations.

To assist drivers in meeting DOT requirements, we've developed a pre-trip inspection DOT-compliant checklist that drivers can use to record their findings.

Level III: Driver-Only Inspection

During this check, the inspector will take an in-depth look at the vehicle operator's credentials. Drivers are checked for skill performance evaluation (SPC) certificate, driver's license, medical certification, record of duty status (RODs) and seat belt usage. The inspector will also review any **driver vehicle inspection reports** signed by the driver.

Level III inspections commonly take about 15 minutes to complete.

Guaranteed Transport will pay \$25 for every violation free Roadside Inspection, turn in the Inspection with your BOL's and receive Free Money!!! So far this year we have 30 drivers that have turned in violation free Inspections, keep them coming!



Did you know?

Peterbilt was named after T.A. Peterman, a lumber entrepreneur who needed a better way to move logs from the forest to his lumber mills. After rebuilding army surplus trucks, he built his first new truck—the Model 260—in 1939, and sold 15 in the first year. He died in 1944.

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